

# financially speaking



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**Life | Health | Wealth Creation**

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**Want to live a  
healthy,  
wealthy,  
balanced  
lifestyle?**

## Why Lifestyle Planning?

Lifestyle planning unlocks your financial goals and dreams, thereby funding your current lifestyle or your future lifestyle objectives.

Lifestyle planning plays a huge role in financial planning.

Financial planning assists you in organising your financial affairs to ensure you achieve your lifestyle objectives such as a new home, passive income or that dream vacation.

The question at the top of your mind should be, "Am I saving enough money today, for tomorrow?" A lifestyle planning programme can help you understand what to do with your hard earned money and still allow you to enjoy life.

Money management is never an easy task as something always creeps in to eat away at your wealth baskets. Financial planning will aid you in understanding the different types of wealth baskets and arranging them to work for you.

Anton Du Preez, a director at the

Meadow Group has been working as an independent financial advisor since 1997 and specialises in the graduate, entrepreneurial and professional market as well as health conscious individuals. His experience in the young and upcoming professional market serves his clients well as he knows & understands your unique needs. Anton will, on a monthly basis be answering relevant financial questions and advising our readers on all areas of financial matters. You can send your finance related questions to [financial@urbanonline.co.za](mailto:financial@urbanonline.co.za) and they will be answered in our next issue.

Have all your financial questions answered at [financial@urbanonline.co.za](mailto:financial@urbanonline.co.za)